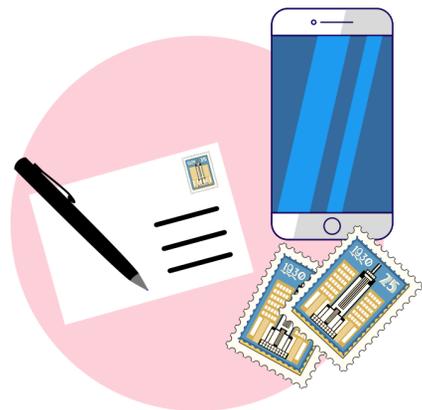


AMNESTY NOWRUZ SOLIDARITY ACTION

There has been a change to the way we will be doing the Nowruz Action this year. Unlike before, five out of seven solidarity cards will be sent not to the prisoners and their families, but to the Iranian Mission to the UN in NYC because the AI's London office, which normally distributes cards, is closed due to COVID-19.

In addition to mailing the Norwuz cards we are asking you to share them on social media.



STEP 1: SETUP

There are seven cases featured in our Nowruz action. Try writing a card for each case. It is fine to do fewer though!

You will need blank postcards, stamps (5 for the US and 2 international), a pen or a Sharpie, and a smartphone (or a digital camera.)

The addresses where to send the cards are in the case file.

STEP 2: WRITE YOUR WISHES

Write your wishes on cards. Suggested messages: "Nowruz mobarak", "Thinking of you at Nowruz time" or "You're not forgotten". Need more inspiration? Check out the next page!

Please don't mention AI, human rights, politics or US/Iran relations.

Nowruz Mobarak!
You are not forgotten!



STEP 3: TAKE A PICTURE

You can skip this step, but taking pictures of your cards will help our group generate content for social media and show solidarity with prisoners to their families (relatives of some prisoners are on social media.)

Tip: You can put your cards next to your house plants, hold them up, or use colorful backgrounds.

STEP 4: SHARE THE PICTURES

There are two ways to share your images. You can either share the photos on your social media accounts using hashtags #NowruzAction and #AmnestyNowruz and tag us so that we can repost your message, or email them to notification@aiusagroup11.org and we will share them through AIUSA Group 11's social media channels.

 @aiusagroup11

 @amnestyNYC11

 @aiusagroup11

#NowruzAction

#AmnestyNowruz



STEP 5: MAIL THE CARDS

Five cards go to the Iranian Mission to the UN in NYC, and the other two, for Zeynab Jalalian and Ahmadreza Djalali's wife, Vida Mehrannia, go to Iran and Sweden respectively.

NOWRUZ WISHES

You can write your own wishes in English or use the templates provided below.

The first six sentences are in Farsi written in Latin alphabet, and the other four are in Farsi written in Persian calligraphy. If you have received labels with wishes printed on them from Harry, please feel free to use those.

Please refrain from mentioning the political situation, human rights or U.S.-Iran relations.:-)

FARSI IN LATIN ALPHABET

Nowruz Mobarak! Omidvaram sale khubi
pish ru dashte bashid!

Nowruze tan peeruz! Az khatare ma
naraftid!

Sale no mobarak! Omidvaram be tamame
arezuhayetan beresid emsal!

Nowruz Mobarak! Inshallah ke ye sale por
az salamati o barikat baratoon bashe.

Nowruz Mobarak! Aarezuye saali por az
shaadi, salamati baraaye shomaa va
khaanevade daaram.

Nowruz Mobarak! Dar in Nowruz be
yadetan hastam.

TRANSLATION

Happy New Year! I hope you have a
wonderful year!

Happy New Year! You are not forgotten!

Happy New Year! May all your wishes come
true this year!

Happy New Year! I wish you a year full of
blessing and health.

Happy New Year! I wish a year full of
happiness and health to you and your
family.

Happy New Year! Thinking of you at
Nowruz time.

FARSI

نوروز مبارک! امیدوارم سال خوبی پیش رو داشته
باشید!

توروزتان پیروز! از خاطر ما نرفتید!

سال نو مبارک! امیدوارم به تمام آرزوهایتان برسید
امسال!

نوروز مبارک! انشالله که سال پر از سلامتی و برکت
باشه براتون!

TRANSLATION

Happy New Year! I hope you have a
wonderful year!

Happy New Year! You are not forgotten!

Happy New Year! May all your wishes come
true this year!

Happy New Year! I wish you a year full of
blessing and health.

